

# August

2023



July						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September						
S	M	T	W	T	F	S
						1 2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	
	3:00 – 3:55	2:40 – 4:00	3:00 – 3:55	12:00 – 4:00	3:00 – 3:55	
	3:00 – 3:55	2:40 – 4:00		2:40 – 4:00		
		6:00 – 8:45 <b>Somers</b>		2:40 – 4:00		
				6:00 – 9:00 <b>Losey</b>		
13	14	15	16	17	18	19
			OCWS Camp Begins <b>All Day</b>	7:00a - Fitness Tests 3:00p - Tan & Cardinal 6:30p - Meeting	3:00p - Meeting 5:30p - Training	2:00p - Training 7:00p - Training
20	21	22	23	24	25	26
Individual Meetings 1:30p - Training Individual Meetings		4:15p - Training	5:45p - Training	5:45p - Training	4:00p - Training (OCMS at 5:00)	??:??p - Training
27	28	29	30	31	1	2
<b>OFF</b>	5:30p - Training	4:15p - Training	5:45p - Training	5:45p - Training	7:00p - OCWS vs Bluffton	

# September

2023



August						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

October						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
					7:00p - OCWS vs Bluffton	10:15a - Recovery
3	4	5	6	7	8	9
OFF	5:30p - Training	4:00p - OCWS vs Trine	5:45p - Recovery	5:45p - Training	4:00p - Training (OCMS at 5:00)	5:00p - OCWS vs Chatham
10	11	12	13	14	15	16
OFF	5:30p - Training	4:15p - Training (OCMS at 5:00)	7:00p - OCWS at Wittenberg	4:15p - Recovery (Share With OCMS)	4:00p - Training (OCMS at 5:00)	11:00a - OCWS vs Case Western
17	18	19	20	21	22	23
OFF	5:30p - Training	4:15p - Training (OCMS at 5:00)	5:00p - OCWS at Hanover	4:15p - Recovery (Share With OCMS)	4:00p - Training (OCMS at 5:00)	10:00a - Training
24	25	26	27	28	29	30
3:00p - OCWS vs Mount Saint Joseph	OFF	4:15p - Training (OCMS at 5:00)	7:00p - OCWS vs Denison	4:15p - Recovery (Share With OCMS)	4:00p - Training (OCMS at 5:00)	2:00p - OCWS at Capital

# October

2023



September						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

November						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
OFF	5:30p - Training	4:15p - Training (OCMS at 5:00)	7:00p - OCWS vs Ohio Northern	4:15p - Recovery (Share With OCMS)	4:00p - Training (OCMS at 5:00)	2:00p - OCWS vs Muskingum
8	9	10	11	12	13	14
OFF	5:30p - Training		7:00p - OCWS at Wilmington	4:15p - Recovery (Share With OCMS)	4:00p - Training (OCMS at 5:00)	2:00p - OCWS at Heidelberg
15	16	17	18	19	20	21
OFF	5:30p - Training	4:15p - Training (OCMS at 5:00)	7:00p - OCWS vs John Carroll	4:15p - Recovery (Share With OCMS)	4:00p - Training (OCMS at 5:00)	5:30p - OCWS vs Baldwin Wallace
22	23	24	25	26	27	28
OFF	5:30p - Training	4:15p - Training (OCMS at 5:00)	7:00p - OCWS at Marietta	4:15p - Recovery (Share With OCMS)	4:00p - Training (OCMS at 5:00)	2:00p - OCWS at Mount Union
29	30	31	November 1	November 2	November 3	November 4
OFF	5:30p - Training	7:00p - OAC 1/4 Final	4:15p - Recovery (Share With OCMS)	7:00p - OAC Semi	4:00p - Training (OCMS at 5:00)	?:?:?p - OAC Final